

Individual Best Times (Masters)

Jo Corben - (9690) - South Downs Trojan Swimming Club - 100 Backstroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:07.04	625	H	14/06/19	Masters Legacy	England	MAS1004	0
1:07.63	609	H	01/06/02	Great Britain Masters Champs	Crystal Palace	ASA022	0
1:07.75	605	H	29/05/16	European Masters Championships	London	MAS615	0
1:07.79	604	F	16/06/19	British Masters Champs 2019	Swansea	MAS853	0
1:07.79	604	H	04/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
1:07.87	602	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
1:07.93	601	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
1:07.98	599	F	16/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
1:08.04	598		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0
1:08.16	595	F	01/03/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
1:08.18	594	H	02/06/23	British Masters Championships	Sheffield	MAS1046	0
1:08.28	591	H	01/04/16	British Masters & Senior Age Group Meet	Sheffield	MAS598	0
1:08.30	591		16/06/07	British Masters 2007	Manchester	MAS037	0
1:08.40	588		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
1:08.49	586	H	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
1:08.54	585	H	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
1:08.57	584	H	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
1:08.60	583		19/08/17	FINA World Masters Championships	Budapest	MAS698	0
1:08.60	583		20/08/17	FINA World Masters Championships	Budapest	MAS698	0
1:08.75	579		05/05/12	British Gas Masters Meet	Sheffield	MAS328	0
1:09.05	572	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
1:09.08	571	F	03/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
1:09.24	567	F	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
1:09.29	566	H	22/07/17	Rushmoor Royals Masters 2017	Aldershot Garrison	MAS694	0
1:09.39	563		31/01/15	SER Masters Long Course Meet	Crawley	MAS505	0
1:09.42	563	F	05/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0
1:09.42	563		28/01/06	London Masters Champs 2006	Crystal Palace	MAS005	0
1:09.45	562	H	14/06/15	GB Masters 2015	Manchester	MAS537	0
1:09.45	562		02/02/08	London & SE Region Masters Mt	Crawley	MAS092	0
1:09.54	560	H	23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
1:09.54	560		23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
1:09.57	559		14/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
1:09.95	550	F	06/03/22	Swim Wales Open Masters 2022	Swansea	MAS943	0
1:10.10	547		19/06/09	British Gas Masters 2009	Cardiff	MAS150	0
1:10.20	544		20/06/10	British Gas Masters Champs	Glasgow	MAS210	0
1:11.41	517	F	21/09/19	GLLAM 2019	London	MAS875	0
1:11.68	511		17/06/11	British Gas Masters Champ 2011	Leeds	MAS268	0
1:11.92	506	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0

Swim Order

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1:07.93	601	F	20/04/24	British Masters Championships 2024	Swansea	MAS1147	0
1:09.08	571	F	03/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
1:11.92	506	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
1:08.18	594	H	02/06/23	British Masters Championships	Sheffield	MAS1046	0
1:09.42	563	F	05/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0

1:07.87	602	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
1:09.24	567	F	17/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
1:09.95	550	F	06/03/22	Swim Wales Open Masters 2022	Swansea	MAS943	0
1:09.05	572	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
1:08.16	595	F	01/03/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
1:11.41	517	F	21/09/19	GLLAM 2019	London	MAS875	0
1:07.79	604	F	16/06/19	British Masters Champs 2019	Swansea	MAS853	0
1:07.04	625	H	14/06/19	Masters Legacy	England	MAS1004	0
1:08.57	584	H	20/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
1:08.54	585	H	09/06/18	British Masters Championships 2018	Plymouth	MAS769	0
1:08.49	586	H	20/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
1:08.60	583		20/08/17	FINA World Masters Championships	Budapest	MAS698	0
1:08.60	583		19/08/17	FINA World Masters Championships	Budapest	MAS698	0
1:09.29	566	H	22/07/17	Rushmoor Royals Masters 2017	Aldershot Garrison	MAS694	0
1:07.98	599	F	16/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
1:07.75	605	H	29/05/16	European Masters Championships	London	MAS615	0
1:08.28	591	H	01/04/16	British Masters & Senior Age Group Meet	Sheffield	MAS598	0
1:09.54	560	H	23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
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1:09.57	559		14/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
1:08.75	579		05/05/12	British Gas Masters Meet	Sheffield	MAS328	0
1:11.68	511		17/06/11	British Gas Masters Champ 2011	Leeds	MAS268	0
1:10.20	544		20/06/10	British Gas Masters Champs	Glasgow	MAS210	0
1:10.10	547		19/06/09	British Gas Masters 2009	Cardiff	MAS150	0
1:09.45	562		02/02/08	London & SE Region Masters Mt	Crawley	MAS092	0
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1:09.42	563		28/01/06	London Masters Champs 2006	Crystal Palace	MAS005	0
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1:08.40	588		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
1:08.04	598		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0
1:07.63	609	H	01/06/02	Great Britain Masters Champs	Crystal Palace	ASA022	0