

Individual Best Times (Masters)

Jo Corben - (9690) - South Downs Trojan Swimming Club - 100 Backstroke - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
1:05.68	583	H	01/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0
1:05.76	581	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
1:05.99	575	H	30/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
1:06.00	575	H	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1:06.02	574	H	28/10/05	ASA National Masters Champs	Sheffield	ASA056	0
1:06.46	563	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
1:06.52	561	H	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
1:06.62	559		29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
1:06.70	557	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0
1:06.74	556	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
1:06.78	555	H	27/10/19	Swim England National Masters	Sheffield	MAS882	0
1:06.80	554	R	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1:07.02	549		28/10/07	ASA National Masters 2007	Sheffield	MAS044	0
1:07.18	545	R	25/10/19	Swim England National Masters	Sheffield	MAS882	0
1:07.27	543	H	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
1:07.33	541	H	31/03/19	Gloucester Masters 2019	Gloucester	MAS834	0
1:07.41	539		04/03/17	Bracknell Masters 2017	Bracknell	MAS665	0
1:07.55	536	F	12/03/17	16th Royal Navy Open Masters Meet 2017	Millfield	MAS668	0
1:07.56	536	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
1:07.57	536	H	02/03/19	Bracknell Masters 2019	Bracknell	MAS821	0
1:07.58	535	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
1:07.64	534		28/02/15	Bracknell Masters Open Meet	Bracknell	MAS517	0
1:07.65	534	H	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1:07.68	533	H	05/10/19	South East Region Short Course Masters	Guildford	MAS879	0
1:07.70	532		01/10/16	SER Short Course Masters Meet	Guildford	MAS643	0
1:07.71	532	H	31/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
1:07.75	531	H	26/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
1:07.79	530	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
1:07.83	529	F	27/04/19	FNSC Masters Meet - April 2019	Horizon LC	MAS837	0
1:07.84	529	H	07/10/17	SE South East Region Masters Meet	Guildford	MAS715	0
1:07.85	529	F	03/05/15	Royal Navy Masters Open	Millfield	MAS530	0
1:07.91	528	F	23/03/24	Reflex Masters Meet 2024	Swindon	MAS1137	0
1:07.94	527		11/09/16	Berkshire & Sth Bucks Masters Meet	Maidenhead	MAS630	0
1:08.00	525	H	10/09/17	Berks & S Bucks Masters Meet	Maidenhead	MAS707	0
1:08.03	525	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
1:08.06	524	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
1:08.23	520		04/09/16	Barnet Copthall Masters Sprint Meet	Barnet	MAS627	0
1:08.24	520	H	25/11/23	AP Race Masters Grand Prix 2023	Derby	MAS1103	0
1:08.33	518	H	16/09/18	BSBASA Masters 2018	Maidenhead	MAS786	0
1:08.34	518		03/09/17	Barnet Copthall Masters Sprint Meet	Barnett Copthall	MAS701	0
1:08.38	517	F	13/05/23	UoB Masters Meet	Birmingham	MAS1039	0
1:08.39	517		28/03/10	Royal Navy Masters Meet	Millfield	MAS217	0
1:08.53	513		27/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
1:08.54	513	F	23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0
1:08.58	512	F	17/09/23	Barnet Copthall Masters Sprint Meet plus	Barnet Copthall	MAS1077	0
1:08.74	509		06/09/15	Barnet Copthal Swim Club Masters Sprint Meet	Barnet Copthal	MAS556	0
1:08.78	508	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0

1:08.81	507	H	03/10/15	SER Short Course Masters 2015	Guildford	MAS569	0
1:09.06	502		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
1:09.13	500	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
1:09.20	499	F	27/11/21	Swim Wales Masters SC 2021	Newport	MAS931	0
1:09.20	499	H	08/09/19	BSBASA Masters Open Meet 2019	Maidenhead	MAS868	0
1:09.31	496		27/03/11	Royal Navy 10th Masters Meet	Millfield	MAS297	0
1:09.39	494	F	17/06/23	Poole SC Masters Meet June 2023	Dorchester	MAS1049	0
1:09.42	494	F	21/05/23	Erith Masters Meet & Kent Long Distance Champ	Bexleyheath	MAS1040	0
1:09.45	493		24/03/13	Royal Navy Open Masters Meet	Millfield	MAS402	0
1:09.53	491	F	20/07/21	City of Southampton	The Quays	LEX3540	0
1:09.55	491	H	23/04/22	Staffordshire Masters 2022	Stafford	MAS952	0
1:09.55	491	H	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
1:09.68	488	H	04/10/14	SER Short Course Masters Meet	Guildford	MAS495	0
1:09.79	486		08/07/18	Barnet Cophall Masters Distance Meet 2018	Barnet	MAS774	0
1:09.85	485	F	18/09/22	Barnet Cophall Masters Sprints+ Meet 2022	Barnet	MAS981	0
1:09.88	484	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0
1:10.01	481	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
1:10.01	481		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
1:10.22	477	H	10/09/23	BSBASA Open Masters Meet 2023	Maidenhead	MAS1067	0
1:10.77	466	F	15/05/22	Erith Masters Meet & Kent Long Distance Champs	Bexleyheath	MAS959	0
1:11.05	461		07/09/14	Barnet Cophall Masters Sprints	Barnet	MAS482	0
1:11.11	459	F	25/06/22	Hampshire Masters County Championship	Hampshire	MAS964	0
1:12.23	438	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
1:12.36	436		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
1:13.28	420	F	24/06/23	Hampshire ASA Masters Championships	Portsmouth	MAS1051	0

Swim Order

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1:07.91	528	F	23/03/24	Reflex Masters Meet 2024	Swindon	MAS1137	0
1:08.24	520	H	25/11/23	AP Race Masters Grand Prix 2023	Derby	MAS1103	0
1:07.65	534	H	27/10/23	Swim England Masters National Championships 2023	Sheffield	MAS1090	0
1:09.13	500	H	30/09/23	South East SC Masters Meet 2023	Crawley	MAS1079	0
1:08.58	512	F	17/09/23	Barnet Cophall Masters Sprint Meet plus	Barnet Cophall	MAS1077	0
1:10.22	477	H	10/09/23	BSBASA Open Masters Meet 2023	Maidenhead	MAS1067	0
1:13.28	420	F	24/06/23	Hampshire ASA Masters Championships	Portsmouth	MAS1051	0
1:09.39	494	F	17/06/23	Poole SC Masters Meet June 2023	Dorchester	MAS1049	0
1:09.42	494	F	21/05/23	Erith Masters Meet & Kent Long Distance Champ	Bexleyheath	MAS1040	0
1:08.38	517	F	13/05/23	UoB Masters Meet	Birmingham	MAS1039	0
1:06.52	561	H	28/10/22	Swim England Masters National Championships 2022	Sheffield	MAS992	0
1:07.56	536	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
1:09.85	485	F	18/09/22	Barnet Cophall Masters Sprints+ Meet 2022	Barnet	MAS981	0
1:09.55	491	H	11/09/22	Berks & S Bucks ASA Masters Meet	Maidenhead	MAS980	0
1:11.11	459	F	25/06/22	Hampshire Masters County Championship	Hampshire	MAS964	0
1:10.77	466	F	15/05/22	Erith Masters Meet & Kent Long Distance Champs	Bexleyheath	MAS959	0
1:09.55	491	H	23/04/22	Staffordshire Masters 2022	Stafford	MAS952	0
1:07.79	530	F	27/02/22	Royal Navy Masters 19th Open	Millfield	MAS939	0
1:09.20	499	F	27/11/21	Swim Wales Masters SC 2021	Newport	MAS931	0
1:07.71	532	H	31/10/21	Swim England National Masters Champs 2021	Sheffield	MAS924	0
1:08.78	508	H	02/10/21	South East Short Course Masters 2021	Crawley	MAS926	0
1:09.88	484	H	18/09/21	Hampshire Masters County Championships	Portsmouth	MAS918	0
1:09.53	491	F	20/07/21	City of Southampton	The Quays	LEX3540	0
1:08.54	513	F	23/02/20	Royal Navy Masters 17th Open	Millfield	MAS903	0

1:06.78	555	H	27/10/19	Swim England National Masters	Sheffield	MAS882	0
1:07.18	545	R	25/10/19	Swim England National Masters	Sheffield	MAS882	0
1:07.68	533	H	05/10/19	South East Region Short Course Masters	Guildford	MAS879	0
1:09.20	499	H	08/09/19	BSBASA Masters Open Meet 2019	Maidenhead	MAS868	0
1:12.23	438	H	23/06/19	Hampshire Masters 2019	Portsmouth	MAS854	0
1:07.83	529	F	27/04/19	FNSC Masters Meet - April 2019	Horizon LC	MAS837	0
1:07.33	541	H	31/03/19	Gloucester Masters 2019	Gloucester	MAS834	0
1:07.57	536	H	02/03/19	Bracknell Masters 2019	Bracknell	MAS821	0
1:05.76	581	H	26/10/18	Swim England Masters Meet 2018	Sheffield	MAS801	0
1:08.33	518	H	16/09/18	BSBASA Masters 2018	Maidenhead	MAS786	0
1:09.79	486		08/07/18	Barnet Cophall Masters Distance Meet 2018	Barnet	MAS774	0
1:06.74	556	F	13/05/18	Royal Navy Masters 17th Open	Millfield	MAS761	0
1:07.58	535	F	28/04/18	Masters Meet - April 2018	The Quays	MAS754	0
1:06.80	554	R	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1:06.00	575	H	27/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
1:07.84	529	H	07/10/17	SE South East Region Masters Meet	Guildford	MAS715	0
1:08.00	525	H	10/09/17	Berks & S Bucks Masters Meet	Maidenhead	MAS707	0
1:08.34	518		03/09/17	Barnet Copthall Masters Sprint Meet	Barnett Copthall	MAS701	0
1:12.36	436		25/06/17	Hampshire County Masters 2017	Portsmouth	MAS689	0
1:07.55	536	F	12/03/17	16th Royal Navy Open Masters Meet 2017	Millfield	MAS668	0
1:07.41	539		04/03/17	Bracknell Masters 2017	Bracknell	MAS665	0
1:08.03	525	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
1:07.70	532		01/10/16	SER Short Course Masters Meet	Guildford	MAS643	0
1:07.94	527		11/09/16	Berkshire & Sth Bucks Masters Meet	Maidenhead	MAS630	0
1:08.23	520		04/09/16	Barnet Copthall Masters Sprint Meet	Barnet	MAS627	0
1:08.06	524	H	19/06/16	Hampshire Masters Meet	Portsmouth	MAS623	0
1:07.27	543	H	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
1:08.81	507	H	03/10/15	SER Short Course Masters 2015	Guildford	MAS569	0
1:08.74	509		06/09/15	Barnet Copthal Swim Club Masters Sprint Meet	Barnet Copthal	MAS556	0
1:10.01	481	H	20/06/15	Hampshire Masters Meet	Portsmouth	MAS544	0
1:10.01	481		20/06/15	Hampshire County Masters Meet	Portsmouth	MAS548	0
1:07.85	529	F	03/05/15	Royal Navy Masters Open	Millfield	MAS530	0
1:07.64	534		28/02/15	Bracknell Masters Open Meet	Bracknell	MAS517	0
1:07.75	531	H	26/10/14	ASA Masters Short Course Meet 2014	Sheffield	MAS494	0
1:09.68	488	H	04/10/14	SER Short Course Masters Meet	Guildford	MAS495	0
1:11.05	461		07/09/14	Barnet Copthall Masters Sprints	Barnet	MAS482	0
1:09.45	493		24/03/13	Royal Navy Open Masters Meet	Millfield	MAS402	0
1:08.53	513		27/10/12	BG ASA Masters & Senior Meet	Sheffield	MAS335	0
1:09.31	496		27/03/11	Royal Navy 10th Masters Meet	Millfield	MAS297	0
1:08.39	517		28/03/10	Royal Navy Masters Meet	Millfield	MAS217	0
1:09.06	502		07/06/09	Hampshire Masters Meet	Waterlooville	MAS169	0
1:07.02	549		28/10/07	ASA National Masters 2007	Sheffield	MAS044	0
1:06.62	559		29/10/06	ASA National Masters 25m Champ	Sheffield	MAS007	0
1:06.02	574	H	28/10/05	ASA National Masters Champs	Sheffield	ASA056	0
1:05.99	575	H	30/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
1:06.46	563	H	26/10/03	ASA Masters Championships 2003	Sheffield	ASA039	0
1:05.68	583	H	01/11/02	ASA National Masters SC Champs	Sheffield	ASA030	0
1:06.70	557	H	20/10/01	ASA National Masters SC Champs	Sheffield	ASA020	0