

Individual Best Times (Masters)

Jo Corben - (9690) - South Downs Trojan Swimming Club - 200 Backstroke - Long Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
2:22.52	645	H	02/06/02	Great Britain Masters Champs	Crystal Palace	ASA022	0
2:23.47	632	H	03/06/05	GB Masters Championships 2005	Glasgow	ASA052	0
2:23.94	626		06/06/03	GB Masters Championship 2003	Swansea	ASA032	0
2:24.06	624	H	28/05/16	European Masters Championships	London	MAS615	0
2:24.24	622		23/04/04	GB Masters Championship 2004	Manchester	ASA041	0
2:24.61	617	F	18/06/17	British Masters & Senior Age Group Champs	Aberdeen	MAS683	0
2:24.72	616		16/06/07	British Masters 2007	Manchester	MAS037	0
2:24.97	612	H	02/04/16	British Masters & Senior Age Group Meet	Sheffield	MAS598	0
2:25.12	610	H	23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
2:25.12	610		23/01/16	SER Long Course Masters Meet	Crawley	MAS585	0
2:25.80	602		15/08/17	FINA World Masters Championships	Budapest	MAS698	0
2:25.80	602		20/08/17	FINA World Masters Championships	Budapest	MAS698	0
2:26.14	598	F	19/04/24	British Masters Championships 2024	Swansea	MAS1147	0
2:26.93	588	H	21/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
2:26.95	588	F	15/06/19	British Masters Champs 2019	Swansea	MAS853	0
2:27.11	586	H	08/06/18	British Masters Championships 2018	Plymouth	MAS769	0
2:27.23	585	F	05/03/22	Swim Wales Open Masters 2022	Swansea	MAS943	0
2:27.36	583		28/01/06	London Masters Champs 2006	Crystal Palace	MAS005	0
2:27.49	581	F	29/02/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
2:27.78	578		20/06/10	British Gas Masters Champs	Glasgow	MAS210	0
2:27.79	578		06/05/12	British Gas Masters Meet	Sheffield	MAS328	0
2:27.86	577		01/02/15	SER Masters Long Course Meet	Crawley	MAS505	0
2:28.49	570	F	02/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
2:28.76	567		15/06/13	British Gas GB Masters 2013	Plymouth	MAS382	0
2:29.00	564		03/02/08	London & SE Region Masters Mt	Crawley	MAS092	0
2:29.42	559	H	12/06/15	GB Masters 2015	Manchester	MAS537	0
2:29.54	558	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
2:30.17	551	H	03/06/23	British Masters Championships	Sheffield	MAS1046	0
2:30.50	547	F	04/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0
2:30.54	547	H	19/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
2:31.19	540	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
2:31.22	539	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
2:31.58	536	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
2:32.28	528		29/01/11	SER Masters Long Course Meet	Crawley	MAS270	0
2:36.37	488		20/06/09	British Gas Masters 2009	Cardiff	MAS150	0

Swim Order

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2:26.14	598	F	19/04/24	British Masters Championships 2024	Swansea	MAS1147	0
2:28.49	570	F	02/03/24	Swim Wales Open Masters 2024	Swansea	MAS1126	0
2:29.54	558	H	20/01/24	SSE LC Masters Meet 2024	Crawley	MAS1115	0
2:30.17	551	H	03/06/23	British Masters Championships	Sheffield	MAS1046	0
2:30.50	547	F	04/03/23	Swim Wales Open Masters 2023	Swansea	MAS1078	0
2:31.22	539	H	21/01/23	Swim South East LC Masters Meet	Crawley	MAS1007	0
2:31.19	540	F	18/06/22	British Masters Championships	Aberdeen Aquatics	MAS966	0
2:27.23	585	F	05/03/22	Swim Wales Open Masters 2022	Swansea	MAS943	0

2:31.58	536	H	23/01/22	South East Open LC Masters	K2 Crawley	MAS937	0
2:27.49	581	F	29/02/20	Swim Wales Open Masters 2020	Wales National Pool	MAS907	0
2:26.95	588	F	15/06/19	British Masters Champs 2019	Swansea	MAS853	0
2:30.54	547	H	19/01/19	Swim South East LC Masters 2019	Crawley	MAS813	0
2:27.11	586	H	08/06/18	British Masters Championships 2018	Plymouth	MAS769	0
2:26.93	588	H	21/01/18	Swim South East LC Masters 2018	Crawley	MAS733	0
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2:27.78	578		20/06/10	British Gas Masters Champs	Glasgow	MAS210	0
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