

Individual Best Times (Masters)

Jo Corben - (9690) - South Downs Trojan Swimming Club - 400 Individual Medley - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:13.70	562		27/10/07	ASA National Masters 2007	Sheffield	MAS044	0
5:16.01	550	H	31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0
5:27.24	495	H	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
5:31.20	477		29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
5:32.58	471		07/07/13	Barnet Cophall Distance Meet	Barnet	MAS433	0
5:38.29	448		08/07/18	Barnet Cophall Masters Distance Meet 2018	Barnet	MAS774	0
5:38.93	445	F	10/07/22	Barnet Cophall Masters Distance Meet 2022	Barnet Cophall	MAS967	0
5:44.59	424	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0

Swim Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:44.59	424	H	01/10/22	SE South East Short Course Masters 2022	South East	MAS984	0
5:38.93	445	F	10/07/22	Barnet Cophall Masters Distance Meet 2022	Barnet Cophall	MAS967	0
5:38.29	448		08/07/18	Barnet Cophall Masters Distance Meet 2018	Barnet	MAS774	0
5:27.24	495	H	25/10/15	ASA National Masters 2015	Sheffield	MAS570	0
5:32.58	471		07/07/13	Barnet Cophall Distance Meet	Barnet	MAS433	0
5:31.20	477		29/10/11	BG ASA National Masters Meet	Sheffield	MAS275	0
5:13.70	562		27/10/07	ASA National Masters 2007	Sheffield	MAS044	0
5:16.01	550	H	31/10/04	ASA Masters Championship 2004	Sheffield	ASA049	0