

Individual Best Times (Masters)

Duncan Lip - (977673) - City of Southampton SC - 400 Freestyle - Short Course

Time Order

Time	FINA Pts	Round	Swim Date	Meet	Venue	Licence	Level
5:42.05	238	H	14/05/17	Midland Masters Meet 2017	Nuneaton	MAS679	0
5:49.29	224	H	28/10/17	Swim England Masters National Championships	Sheffield	MAS718	0
5:50.77	221	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
5:56.09	211	H	24/10/15	ASA National Masters 2015	Sheffield	MAS570	0
6:02.76	200	H	30/09/18	SW Region Masters	Weston-Super-Mare	MAS792	0
6:21.18	172		27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0

Swim Order

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5:42.05	238	H	14/05/17	Midland Masters Meet 2017	Nuneaton	MAS679	0
5:50.77	221	H	29/10/16	ASA National Masters 2016	Sheffield	MAS639	0
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6:21.18	172		27/10/13	BG ASA Masters Meet 2013	Sheffield	MAS388	0