

# Individual Best Times (All Time)

Jessica Paton - (1105539) - Swindon Dolphin ASC

## Long Course

| Stroke         | Time    | FINA Pts | Swim Date | Meet                            | Venue       | License  | Level |
|----------------|---------|----------|-----------|---------------------------------|-------------|----------|-------|
| 100 Freestyle  | 1:21.79 | 252      | 15/07/18  | City of Bristol Summer Festival | Hengrove LC | SW181401 | 3     |
| 50 Butterfly   | 44.99   | 160      | 15/07/18  | City of Bristol Summer Festival | Hengrove LC | SW181401 | 3     |
| 50 Backstroke  | 40.91   | 286      | 15/07/18  | City of Bristol Summer Festival | Hengrove LC | SW181401 | 3     |
| 100 Backstroke | 1:27.40 | 292      | 15/07/18  | City of Bristol Summer Festival | Hengrove LC | SW181401 | 3     |

## Short Course

| Stroke                | Time     | FINA Pts | Swim Date | Meet  | Venue               | License  | Level |
|-----------------------|----------|----------|-----------|---|---------------------|----------|-------|
| 50 Freestyle          | 34.25    | 300      | 30/03/19  | Swindon Dolphin Regional Qualifying Meet    | Swindon             | SW190058 | 3     |
| 100 Freestyle         | 1:13.30  | 322      | 31/03/19  | Swindon Dolphin Regional Qualifying Meet    | Swindon             | SW190058 | 3     |
| 200 Freestyle         | 2:35.16  | 360      | 21/04/19  | Weston-Super-Mare 17th Easter Open Meet     | Hutton Moor         | SW190142 | 3     |
| 400 Freestyle         | 6:02.51  | 270      | 29/07/18  | Swindon Dolphin End of Season Meet 2018     | Swindon             | SW180667 | 3     |
| 800 Freestyle         | 12:31.59 | 259      | 04/10/18  | Swindon Dolphin Club Champs 2018            | Marlborough College | SW181542 | 4     |
| 50 Breaststroke       | 57.53    | 123      | 08/04/18  | Calne Alpha L4 Open Meet                    | Calne               | SW180208 | 3     |
| 50 Butterfly          | 40.97    | 210      | 30/09/18  | Swindon Dolphin Club Champs 2018            | The Link Centre     | SW181541 | 4     |
| 100 Butterfly         | 1:35.41  | 187      | 29/09/18  | Swindon Dolphin Club Champs 2018            | The Link Centre     | SW181541 | 4     |
| 200 Butterfly         | 3:47.95  | 144      | 30/09/18  | Swindon Dolphin Club Champs 2018            | The Link Centre     | SW181541 | 4     |
| 50 Backstroke         | 37.34    | 324      | 17/03/19  | Tigersharks Spring L2 & L3 Graded Open Meet | Swindon             | SW190060 | 2     |
| 100 Backstroke        | 1:20.29  | 321      | 21/04/19  | Weston-Super-Mare 17th Easter Open Meet     | Hutton Moor         | SW190142 | 3     |
| 200 Backstroke        | 2:52.39  | 330      | 20/04/19  | Weston-Super-Mare 17th Easter Open Meet     | Hutton Moor         | SW190142 | 3     |
| 200 Individual Medley | 3:24.25  | 212      | 29/07/18  | Swindon Dolphin End of Season Meet 2018     | Swindon             | SW180667 | 3     |
| 100 Individual Medley | 1:33.13  | 223      | 01/12/18  | Tigersharks Last Chance L2 Open Meet        | Swindon             | SW180108 | 2     |