

Individual Best Times (All Time)

Angharad John - (1415658) - Fishguard Flyers

Short Course

Stroke	Time	FINA Pts	Swim Date	Meet	Venue	License	Level
50 Freestyle	46.22	122	16/12/18	Carmarthen Christmas Open 2018	Carmarthen	WL182339	3
100 Freestyle	1:44.95	109	05/05/19	Amman Valley Open Meet 2019	Carmarthen	WL191483	3
50 Breaststroke	1:07.39	76	16/12/18	Carmarthen Christmas Open 2018	Carmarthen	WL182339	3
100 Breaststroke	2:17.18	93	05/05/19	Amman Valley Open Meet 2019	Carmarthen	WL191483	3
50 Backstroke	53.69	109	05/05/19	Amman Valley Open Meet 2019	Carmarthen	WL191483	3